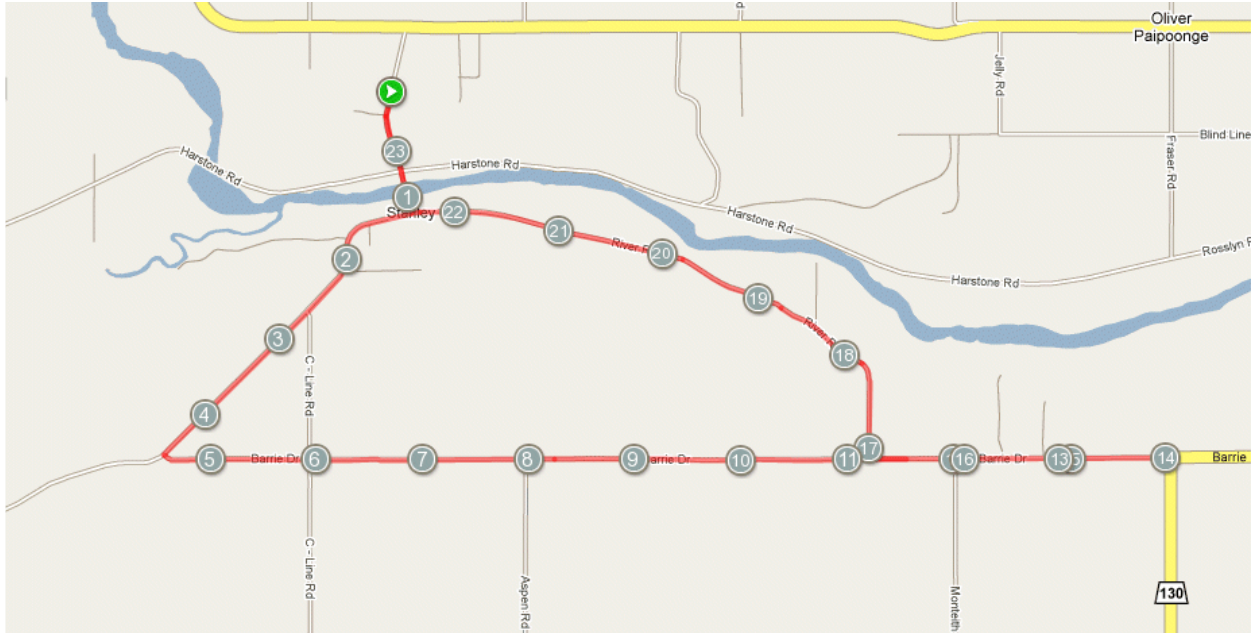


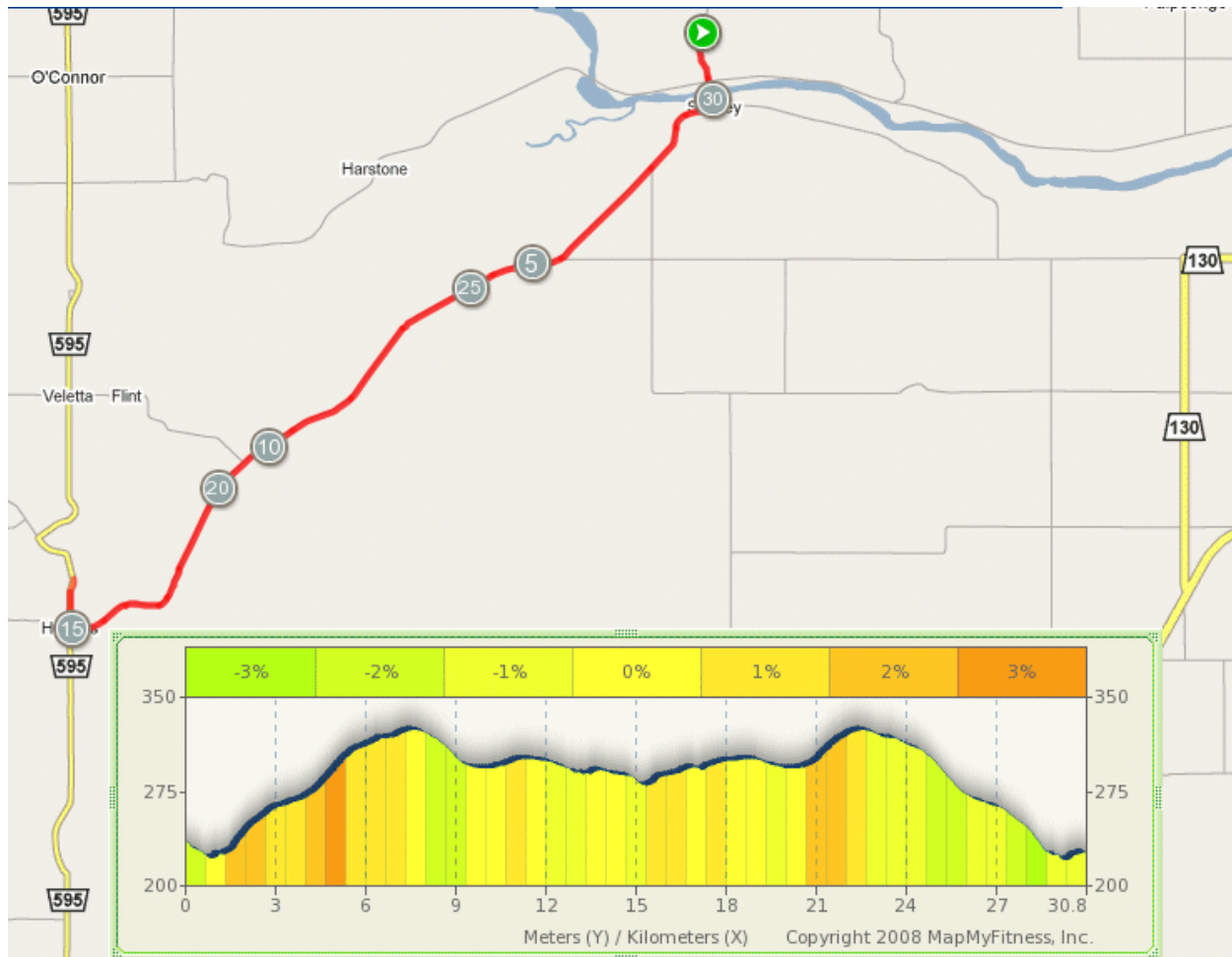
Women's Only Tour Short Course #3



Distance: 24 kms

- **Start at Norwest Arena**
- **Hwy 588 straight out to Barrie Drive**
- **Turn left onto Barrie Drive and follow to Hwy 130**
- **Turn around at Hwy 130 and go back to River Rd.**
- **Turn right onto River Rd and follow to Hwy 588**
- **Turn right onto Hwy 588 and return to the Norwest Arena**

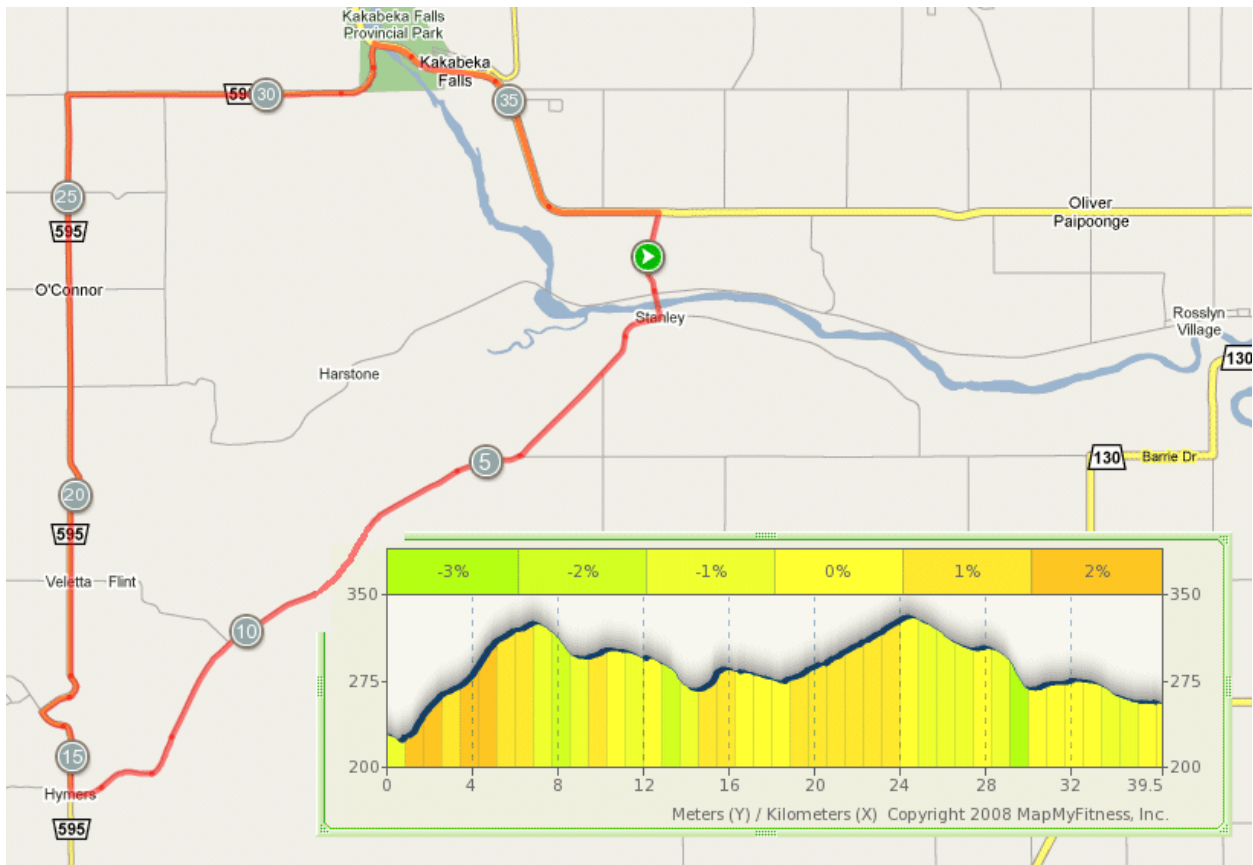
Women's Only Tour Medium Course #3



Distance: 31 kms

- **Start at Norwest Arena**
- **Hwy 588 straight out to Hwy 595**
- **Turn right onto Hwy 595 go into Hymers**
- **Turn around and go back up the hill to Hwy 588**
- **Turn left onto Hwy 588 and return to Norwest Arena**

Women's Only Tour Long Course #3



Distance: 39 kms

- **Start at Norwest Arena**
- **Hwy 588 straight out to Hwy 595**
- **Turn right onto Hwy 595 and follow to Hwy 590**
- **Turn right onto Hwy 590 and follow to Hwy 11-17**
- **Turn right onto Hwy 11-17**
- **Go through Kakabeka Falls back to Hwy 588 and turn right**