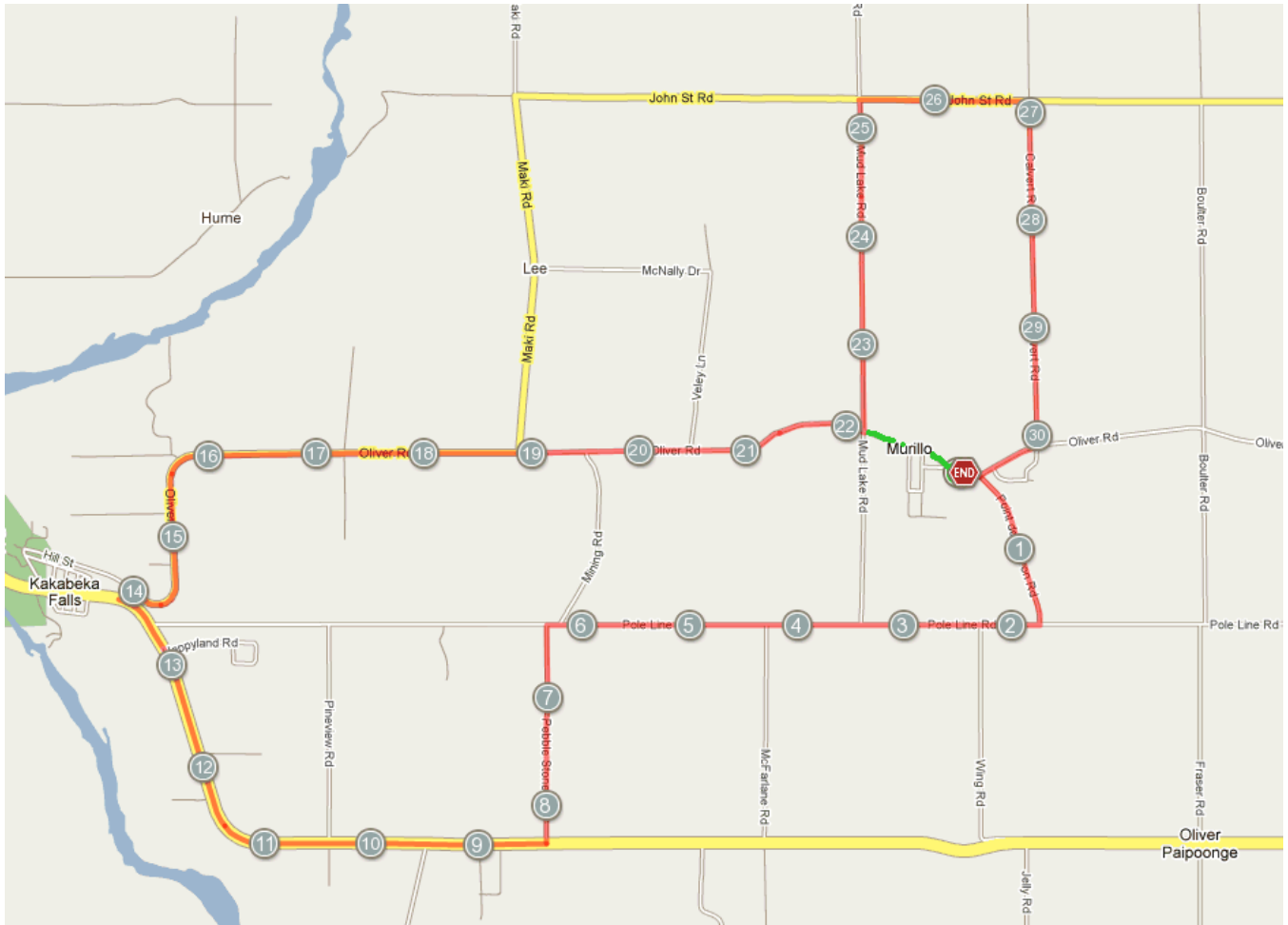


WOMEN'S ONLY RIDE – MURILLO START SHORT AND MEDIUM ROUTES

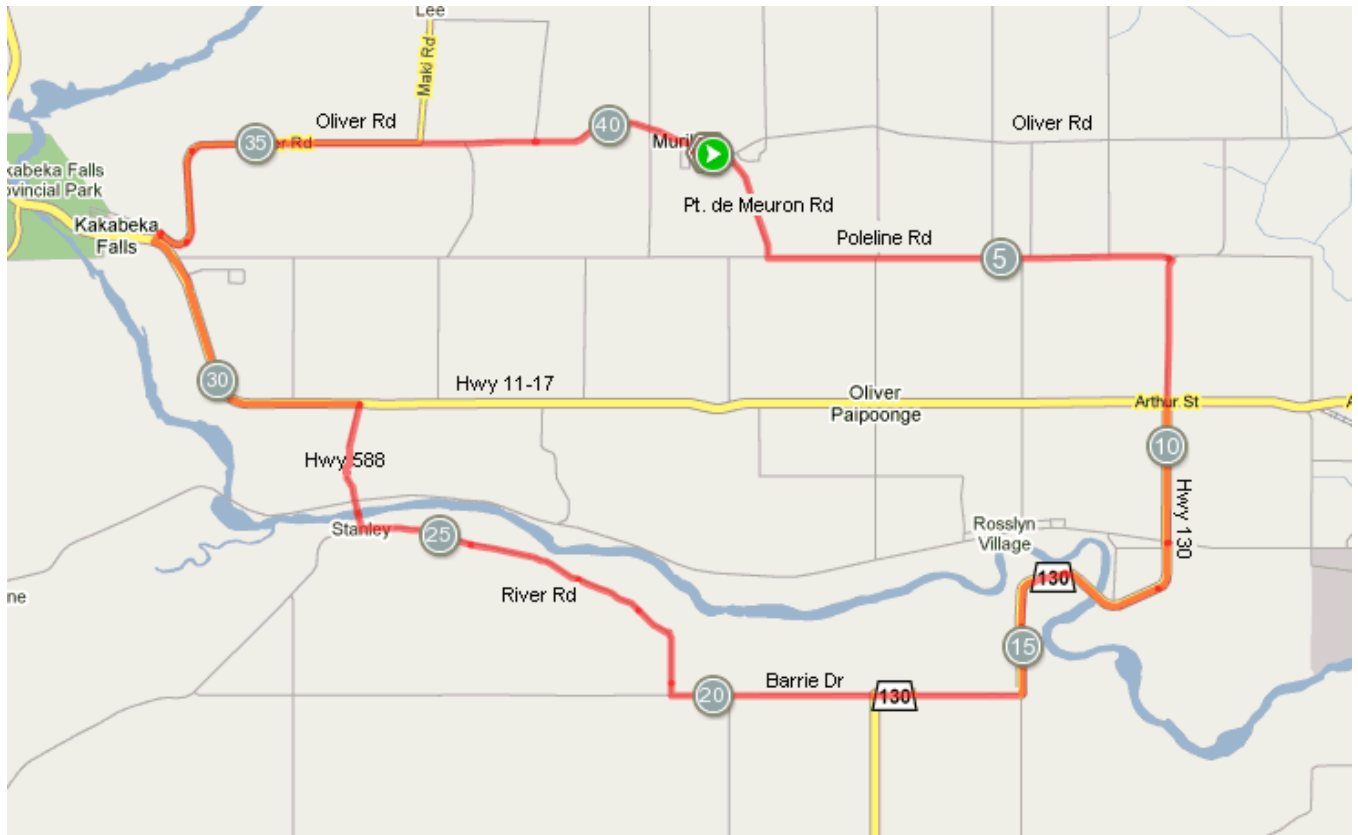


Distances: Short-23.5kms :: Medium-31kms

Short: Oliver Rd - right on Point du Murion - right on Poleline - left on Pebblestone - right on 17 into Kakabeka - home on Oliver Road

Medium: Oliver Rd -right on Point du Murion - right on Poleline - left on Pebblestone - right on 17 into Kakabeka - home on Oliver - left on Mud lake - right on John St - right on Calvert - right on Oliver to Murillo

WOMEN'S ONLY RIDE – MURILLO START LONG ROUTE



Distances: Long - 41.5kms

Long: right on Point du Murion - left on Poleine - right on Twin City Crossroads - straight on 130 to Barrie Road - River Road to Stanley - 588 to hwy 17 - left on 17 to Kakabeka - Oliver Road back to Murillo