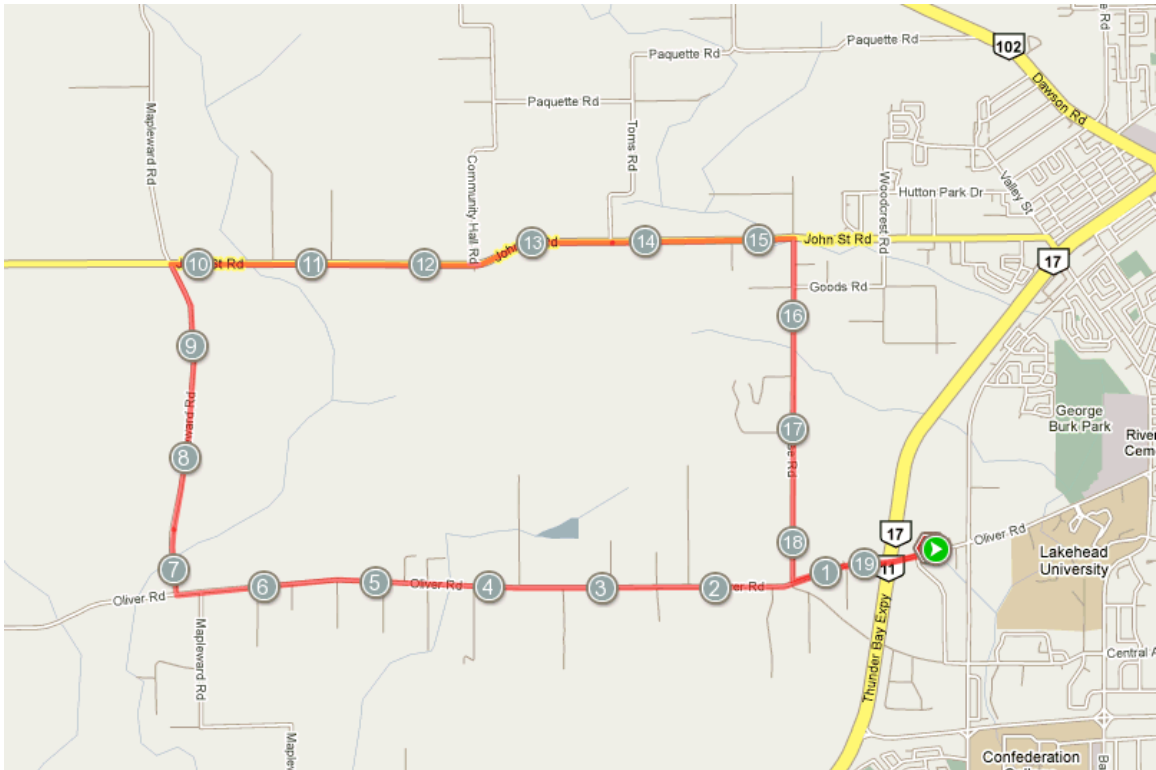


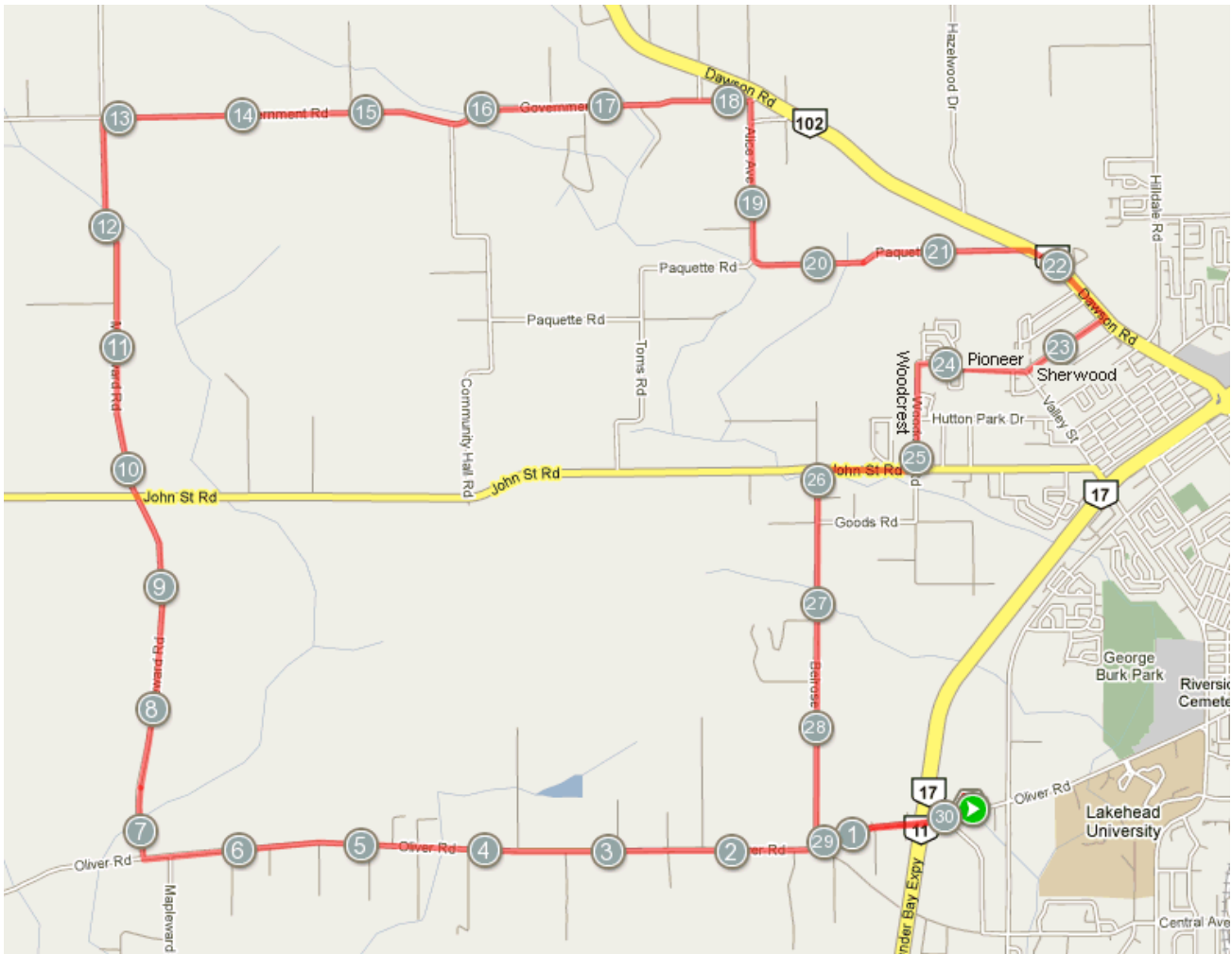
# Women's Only Tour Short Course #1



**Distance: 19.5kms**

- **Oliver Rd to Mapleward Rd, turn right**
- **Mapleward Rd to John St Rd, turn right**
- **John St Rd to Belrose Rd, turn right**
- **Belrose Rd to Oliver Rd, turn left**
- **return to Veterinary Hospital**

# Women's Only Tour Long Course #1



**Distance: 30.3 kms**

- **Oliver Rd to Mapleward Rd, turn right**
- **Mapleward Rd, cross John St Rd to Government Rd, turn right**
- **Government Rd to Alice Ave, turn right**
- **Alice Ave to Paquette Rd, turn left**
- **Paquette Rd to Dawson Rd turn right**
- **Dawson Rd to Sherwood Dr, turn right**
- **Sherwood Dr straight onto Pioneer then turn left down Woodcrest Rd.**
- **Woodcrest Rd to John St Rd, turn right**
- **John St Rd to Belrose Rd, turn left**
- **Belrose Rd to Oliver Rd, turn left**
- **return to Veterinary Hospital**