

Thunder Bay Time Trial-Course Records-Male

Course	Junior	Time	Senior	Time	Veteran	Time	Masters	Time
Mt.McKay 3.5km	Greg Field 2005	-7:05	Kevin Paradis 2004	-6:43	Bernie Lacourciere 2004	-6:46	Eugene Vandal 2004	-8:42
	Johannes Minor 2004	-7:12	Bernie Lacourciere 2003	-6:47	Bernie Lacourciere 2005	-6:59	Eugene Vandal 2006	-8:46
	Luke Viljakanen 2005	-7:15	Josh Gillingham 2006	-6:49	Michael O- Connor 2004	-7:41	Eugene Vandal 2006	-8:49
	Johannes Minor 2003	-7:22	Tristin Galbrath 2004	-6:50	Clayton Pavlik 2004	-7:46	Hank Makkinga 2006	-9:24
Hwy.130 5km	Brody Pasciullo 2009	-6:11	Keith Ailey 2009	-6:12	Bernie Lacourciere 2004	-6:08	Berto Pasciullo 2009	-6:32
	Andrew Ross 2009	-6:24	Jeffery Schiller 2006	-6:18	Michael O- Connor 2005	-6:15	Reid Carter 2004	-6:34
	Matt DeGiacomo 2009	-6:31	Josh Gillingham 2006	-6:23	Malcolm Downie 2005	-6:28	Hank Makkinga 2004	-6:44
	Stewart Melnick 2009	-6:46	Michael O- Connor 2004	-6:34	Dave Pinner 2009	-6:31	Hank Makkinga 2006	-6:47
Broadway 10km	Jarri Jamsa 2002	-15:00	Dave Harju 2000	-13:11	Ron Mahler 1997	-14:03	Hank Makkinga 2006	-15:40
	David Coughlin 1998	-15:14	Bernie Lacourciere 1999	-13:18	Leo Glad 1998	-14:14	Nick Makletzoff 2006	- 16:25. 03
	Jarri Jamsa 2000	-15:29	Bernie Lacourciere 2000	-13:25	Kevin Wilberforce 1998	-14:16	Bill Ulakovic 2006	- 16:25. 65
	Matt DeGiacomo 2006	-15:49	Bernie Lacourciere 2002	-13:39	Michael O- Connor 2005	-14:17	Hank Makkinga 2005	-16:28
River rd. 10km	Brody Pasciullo 2009	-14:04	Josh Gillingham 2007	-13:36	Dave Pinner 2008	-14:16	Ron Mahler 2007	-14:42
	Brody Pasciullo 2008	-14:18	Josh Gillingham 2009	-13:42	Dave Pinner 2009	-14:27	Paul Kalmowicz 2007	-15:14

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	Andrew Ross 2009	-14:27	Josh Gillingham 2008	-13:43	Michael O-Connor 2007	-14:39	Kevin Wilberforce 2008	-15:19
	Brody Pasciullo 2008	-14:34	Jeffery Schiller 2007	-13:55	Malcolm Downie 2007	-14:43	Berto Pasciullo 2009	-15:21
Hwy.130 10km	Brody Pasciullo 2009	-13:52	Josh Gillingham 2008	-13:32	Dave Pinner 2009	-14:11	Berto Pasciullo 2009	-14:52
	Brody Pasciullo 2008	-14:08	Josh Gillingham 2008	-13:40	Bernie Lacourciere 2009	-14:12	Berto Pasciullo 2009	-14:57
	Brody Pasciullo 2009	-14:09	Josh Gillingham 2009	-13:44	Dave Pinner 2009	-14:19	Ron Mahler 2007	-15:00
	Brody Pasciullo 2008	-14:34	Josh Gillingham 2007	-14:06	Michael O-Connor 2009	-14:23	Bob Shine 2009	-15:07
Murillo 15km	Brody Pasciullo 2009	-20:46	Josh Gillingham 2008	-20:16	Dave Pinner 2008	-21:30	Ron Mahler 2008	-22:48
	Matt DeGiacomo 2008	-21:52	Kyle Fry 2009	-20:21	Dave Pinner 2009	-21:41	Berto Pasciullo 2009	-22:56
	Brody Pasciullo 2009	-21:59	Josh Gillingham 2009	-20:34	Dave Pinner 2008	-21:50	Frank Luckai 2009	-22:57
	Andrew Ross 2009	-22:06	Josh Gillingham 2008	-20:46	Dave Pinner 2009	-21:51	Berto Pasciullo 2008	-23:38
Lakeshore 15km	Matt DeGiacomo 2007	-21:31	Josh Gillingham 2009	-20:33	Dave Pinner 2009	-21:58	Ron Mahler 2007	-22:15
	Andrew Ross 2009	-21:58	Josh Gillingham 2007	-20:58	Kevin Paridis 2007	-22:05	Bob Shine 2009	-23:31
	Brody Pasciullo 2009	-22:09	Josh Gillingham 2007	-21:04	Dave Pinner 2009	-22:26	Nick Makletzoff 2009	-23:33
	Matt DeGiacomo 2007	-22:20	Josh Gillingham 2007	-21:08	Malcolm Downie 2007	-22:45	Berto Pasciullo 2009	-23:55

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Hwy. 130 20km	Matt DeGiacomo 2008	-28:06	Kyle Fry 2008	-27:24	Dave Pinner 2009	-28:31	Berto Pasciullo 2009	-29:48
	Brody Pasciullo 2008	-28:25	Josh Gillingham 2008	-27:25	Dave Pinner 2008	-28:37	Ron Mahler 2008	-29:49
	Andrew Ross 2009	-28:36	Jeremy Sartain 2005	-27:46	Dave Pinner 2009	-29:19	Ron Mahler 2008	-29:50
	Brody Pasciullo 2008	-29:24	Josh Gillingham 2007	-27:58	Dave Pinner 2009	-29:21	Berto Pasciullo 2009	-30:16
Lakeshore 20km	Andrew Ross 2009	-29:08	Josh Gillingham 2007	-28:17	Dave Pinner 2009	-28:33	Ron Mahler 2007	-29:49
	Matt DeGiacomo 2009	-29:22	Josh Gillingham 2009	-28:27	Roberto Bucci 2009	-29:22	Berto Pasciullo 2009	-30:43
	Matt DeGiacomo 2007	-29:46	Brian Coutts 2007	-30:10	Christian Hollmann 2009	-29:26	Frank Luckai 2009	-31:05
	Brody Pasciullo 2007	-31:23	Sam Niemi 2009	-31:14	Rodney Puumala 2009	-29:38	Frank Luckai 2007	-31:23
Hwy. 61 40km	Brody Pasciullo 2008	-56:43	Bernie Lacourciere 1999	-53:29	Bernie Lacourciere 2003	-57:14	Ron Mahler 2007	-59:58
	Brody Pasciullo 2009	-56:46	Josh Gillingham 2008	-54:12	Dave Pinner 2008	-57:22	Berto Pasciullo 2009	-60:15
	Brody Pasciullo 2008	-57:31	Kyle Fry 2009	-55:05	Ron Mahler 1999	-57:24	Berto Pasciullo 2009	-60:54
	Andrew Ross 2009	-57:41	Bernie Lacourciere 2000	-55:22	Dave Pinner 2009	-58:07	Frank Luckai 2009	-61:00
Moose Hill 4km	Matt DeGiacomo 2008	-7:13	Josh Gillingham 2008	-7:16	Bernie Lacourciere 2009	-8:06	Berto Pasciullo 2008	-8:43
	Sam Loud 2008	-7:21	Josh Gillingham 2008	-7:21	Michael O-Connor 2008	-8:13	Nick Makletzoff 2008	-8:50

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	Matt DeGiacomo 2008	-7:25	Josh Gillingham 2009	-7:27	Doug Scott 2008	-8:27.6	Berto Pasciullo 2009	-9:01
	Brody Pasciullo 2009	-7:45	Josh Gillingham 2009	-7:37	Edan Corcoran 2008	-8:27.9	Berto Pasciullo 2009	-9:05
Mile Hill 3.5km	Matt DeGiacomo 2008	-7:45	Josh Gillingham 2009	-7:27	Bernie Lacourciere 2009	-7:49	Berto Pasciullo 2009	-8:44
	Brody Pasciullo 2009	-8:14	Josh Gillingham 2008	-7:49	Mike Heintzman 2008	-8:39	Nick Makletzoff 2008	-9:33
	Sam Loud 2008	-8:18	Keith Ailey 2009	-8:06	Christian Hollmann 2009	-8:50	Berto Pasciullo 2008	-9:36
	Brody Pasciullo 2008	-8:20	Joel Gerry 2009	-8:23	Roberto Bucci 2009	-8:54	Tim Knutson 2009	-10:10