

New Youth Cycling Program

Introductory “Learn to ride for Youth” clinics/rides will take place every Monday (weather permitting) commencing at 6pm from the Lakehead University Fieldhouse parking lot. These rides are geared for ages 11 - 14 TBCC members or older juniors who are new to riding and want to improve both group riding and safety skills. Participating in these rides will prepare young riders to take part in the Tuesday evening Junior Development program. The rides will be led by experienced cyclist and parent, Jerome Girard who will be accompanied by either Dave MacIsaac, Junior Development Coach, Gary Timmins, Certified Can-Bike Instructor, Nathan Petrie, Kevin Paradis, experienced cyclists.

What do you need to participate?

- A TBCC membership
- A “road bike” with drop handlebars
- A helmet
- A water bottle
- Clothing suitable for the weather of the day
- A desire to ride and learn more about cycling

The first session will be on Monday June 20th at 6pm at the Lakehead University Fieldhouse. Any queries can be directed to coaching@tbaycc.ca