

## 2010 Time Trial Results

August 5, 19, 26

August 5th - River Rd - 5km 1-way

Category	Name		Time	Speed
<b>Female Veteran</b>	Ailey	Marilyn	0:07:23	40.6
	Hay	Sue	0:08:24	35.7
	Gunka	Barbara	0:08:35	35.0
	Salmon	Lis	0:08:37	34.8
<b>Female Masters</b>	Sillman	Janet	0:07:35	39.6
<b>Male Pre-Junior</b>	Pasciullo	Nelson	0:07:31	39.9
	Quinn	Damon	0:07:42	38.0
	Gunka	Tony	0:08:17	36.2
	Lawson	Jack	0:08:25	35.6
	Quinn	Toby	0:09:00	33.3
	Lawson	Scott	0:09:13	32.6
	<b>Male Junior</b>	Melnick	Stewart	0:06:49
Schmidt		Matt	0:07:19	41.0
Davidson		Jordan	0:07:23	40.6
<b>Male Senior</b>	Ross	Andrew	0:06:30	46.2
	Pasciullo	Brody	0:06:39	45.1
	DeGiacomo	Matt	0:06:45	44.4
<b>Male Veteran</b>	Ailey	Keith	0:06:26	46.6
	Pinner	David	0:07:14	41.5
	Dosen	Delco	0:07:15	41.4
<b>Male Masters</b>	Pasciullo	Berto	0:07:20	40.9
	Esposti	John	0:07:31	39.9
	Tuhkanen	Len	0:07:39	39.2
<b>Male Super Masters</b>	MacMaster	Bob	0:08:01	37.4
	Wilson	Frank	0:08:47	34.2

August 19th - Lakeshore Dr - 15km				
Category	Name		Time	Speed
Female Senior	Brown	Keri	0:29:12	32.3
Female Veteran	Ailey	Marilyn	0:24:55	37.8
	Wilberforce	Nicki	DNF	DNF
Male Senior	DeGiacomo	Matt	0:20:44	45.4
	Ford	Chad	0:24:36	38.3
Male Veteran	Ailey	Keith	0:21:00	44.8
	Scott	Doug	0:22:35	41.7
	Brown	Chuck	0:25:30	36.9
Male Masters	Hay	Darrell	0:26:12	35.9
	Esposti	John	0:23:29	40.1
	Krasnichuk	Dave	0:23:55	39.4
Male Super Masters	Tuhkanen	Len	0:24:02	39.20
	Mettam	Iain	0:26:19	35.80
	Wilson	Frank	0:27:39	34.10

August 26th - Moose Hill HC - 4km				
Category	Name		Time	Speed
Female Senior	Vidlak	Kristen	0:09:50	24.41
Female Veteran	Ailey	Marilyn	0:09:54	24.24
	Stewart	Marianne	0:11:02	21.75
	Page	Maureen	0:11:58	20.06
Male Pre-Junior	Salmon	Liz	0:13:37	17.63
	Pasciullo	Nelson	0:09:18	25.81
	Quinn	Damon	0:10:55	21.98
Male Junior	Melnick	Spencer	0:11:01	21.78
	Melnick	Stewart	0:09:32	25.17
	Male Senior	Fry	Kyle	0:07:55
Pasciullo		Brody	0:08:04	29.75
Ross		Andrew	0:08:15	29.09
Male Veteran	Ailey	Keith	0:08:17	28.97
	Scott	Doug	0:09:34	25.09
	Brown	Chuck	0:10:23	23.11
	Quinn	Thomas	0:10:39	22.53
Male Masters	Zgrych	John	0:10:48	22.22
	Pasciullo	Berto	0:09:06	26.37
	Shine	Bob	0:10:01	23.96
Male Super Masters	Mettam	Iain	0:12:13	19.65
	Wilson	Frank	flatted	